

# Welcome to the March2021 Scomis Online Safety Newsletter for Parents

## Top Tips for a Safer Internet

Have you heard of Triller?

The Easter break will soon be here - parents/carers may like to consider some **Top Tips for a Safer Internet**. Visit the UK Safer Internet Centre's website [here](#) and view:

### Top Tips for parents and carers

Look at the tips and links for some suggestions on how to get you started and help you and your child to stay safe and positive online.

- Talk together (**Communication is the key to identifying online misinformation**)  
Talk regularly with your child about how they use technology and where they go for information online
- Set an example (**Show your child how you question and evaluate online content**)  
Discuss with your child if you spotted a fake news story, or got sent a phishing email and what **you** did
- Think before **you** share (**Fact-check and reflect before sharing content, posts or pictures**)  
Set a good example in how to share information responsibly online
- Check in with your child (**How does misleading information they see online make them feel?**)  
Reassure your child that you are there to talk about things that upset them and to support them with how they feel
- Seek help and support (**Ask other parents how they address misleading online content**)  
Support your child online by using privacy settings on social media

Find out how to get more support by visiting ChildNet's 'Need Help?' page [here](#)

### Recommended Age 17+

**Triller is a video social networking app available on Apple App Store (12+ app rating) on the Google Play Store ('Teen' rating) It is not considered to be suitable for younger ages.**



**With more than 120 million downloads this App is becoming very popular.**

- Users can film themselves singing and/or dancing to music many times
- Triller's artificial intelligence (AI) can select the best clips and share them on social media

Find out more about this App at:

[Commonsense Media](#)  
[Internet Matters](#)

## 6 Apps and Services every parent should know about!

ParentZone has produced an easy to read guide for parents/carers on:

- Skype
- TikTok
- SnapChat
- YouTube
- WhatsApp
- Instagram



Read the brief guides and find out:

Everything parents/carers need to know about these Apps and Services [here](#)

## Internet Matters—Set up devices safely

### Questions for you to consider:

- Have you set up your child's device safely?
- Have you set up parental controls on your broadband?
- Have you set up parental controls on the mobile network?
- Is the device set up so that only age appropriate games and Apps can be downloaded?
- Have you disabled location services?
- Have you set up password controls?



### Do you need help with any of the above questions?

Visit Internet Matters [here](#) and find out how to:

- Get started
- Set up the Device safely
- Make sure your child is not sharing personal or private information with people they don't know!
- Stay safe online

## HELP IN THE HOLIDAYS!

Remember **FREE** advice is just a phone call away from the O2 and NSPCC helpline **0808 800 5002**  
Childline **0800 1111**

## Parent and Carer Toolkit

### Childnet's resources provide practical tips and advice on:

- Starting discussions about your child's online life
- Setting boundaries around their online behaviour and use of technology
- Where to get more help and support

Access their:

- [Parent and Carers Resource Sheet](#)
- [Family Agreement](#)
- [Leaflets for foster and adoptive parents](#)

View their webinar for Adoptive parents [here](#)

## Reminder of the risks of Online Gaming

Parent Zone and GambleAware have partnered to help families:

- learn about gambling-like risks children may face playing online games
- practical steps parents and carers can do to keep gaming fun (but safer)

Review a [short video](#) and find out more including:

- Top Tips
- Glossary
- Quiz